

UConn | COLLEGE OF AGRICULTURE, HEALTH AND NATURAL RESOURCES

ANIMAL SCIENCE



Dressage, Hunt Seat and Western Horseback Riding Lessons Summer 2021 Program

OBJECTIVES:

To provide instruction for beginners, intermediates, and advanced riders, including students, adults, and children (**age 11 or older or who will be at the 6th grade level in the fall of 2021**). Younger students who have an intermediate or higher level of experience may enroll with advanced permission from the instructor.

INSTRUCTOR:

All lessons are under the supervision of Alena Meacham, Lecturer and Director of UConn's Equestrian Riding Programs. Alena is a member of the UConn faculty with a BS in Equine Business Management from Johnson and Wales University. She teaches the Horse Practicum lessons to students and coaches the Dressage and Hunt Seat teams in intercollegiate competitions. She competes in the Jumpers and has shown through 1.25 meter competition. Alena has worked with the top Jumper riders in the United States and brings a strong background in Dressage to her instruction. Contact information: alena.meacham@uconn.edu or call/text 860-377-3779.

GROUPING OF RIDERS:

Riders will be placed into ability groups such as beginner, advanced beginner, intermediate I, and II. There will be a max of 4-6 riders in each group.

CLASSIFICATION OF LEVELS:

***HUNT SEAT (HS):**

English Beginner: Individuals who have never been on a horse or who would like a refresher course.

Advanced Beginner: Those who have walked, trotted, and started to canter and have had previous lessons in hunt seat. Riders will be working on diagonals, leads, and cross rails.

Intermediate I: Individuals who have walked, trotted, cantered and learning to jump.

Intermediate II: Will work on jumping small courses

***DRESSAGE:**

Dressage: For riders that can walk, trot, and canter. Riders will learn the Dressage Training Scale and Training Level and First Level movements.

***WESTERN:**

Beginner: Individuals who have never been on a horse or who have only ridden a few times and prefer a refresher course.

Advanced: Individuals who have ridden Western, walked, jogged and loped, and who feel confident with lead changes and trail.

Prior approval is necessary to advance to the next level of riding in a future session.

**RATES AND
SESSION
SCHEDULES:**

Rates are calculated by individual session. Each session is three weeks long. **Lessons are not held on holidays and the session is discounted.**

FACILITIES:

Lessons will be given in the Horsebarn Hill Arena, located at the University of Connecticut, Storrs campus.

REQUIREMENTS:

Riders must be able to independently tack and mount horse with supervision. Riders are required to wear long pants and hard-soled shoes with heels. **NO SNEAKERS!!!** All will be required to wear an approved riding helmet. You must bring your own helmet with you.

ENROLLMENT:

Enrollment is on a first-come, first-served basis. Please complete and sign the **Registration Form, read and sign the required Acknowledgement / Consent Form, Parents/Guardians of Minors must complete and sign the Code of Conduct Forms, make your payment online and send one email containing all forms and a copy of your payment receipt to: uconnhorseriding@uconn.edu**

**ONLINE
PAYMENT ONLY:**

Payment must be made in full online. To register and pay, please visit <http://www.uconnsummerriding.uconn.edu/>

**COVID-19
PROTOCOLS:**

All riders must read the 2021 UConn Summer Riding Protocols document and provide proof of vaccination or a negative COVID-19 test prior to the first lesson. For more details, the protocol document can be found here <http://www.uconnsummerriding.uconn.edu/>.

PROCEDURE:

All riders should report to the UConn Horse Barn Unit I **30 minutes early to tack up and start on time** for their lesson. Horses will be assigned to riders. In addition, all riders must have returned the required Acknowledgement / Consent Form and COVID documents prior to the first lesson (a guardian or parent must sign if rider is under 18 years of age). **Please call or text at (860) 377-3779 if you are unable to attend your lesson; make-ups only available with a legitimate excuse and not guaranteed.**

**PLEASE BRING TO YOUR FIRST LESSON PROOF OF VACCINATION OR
NEGATIVE COVID TEST TAKEN WITHIN 5 DAYS OF YOUR FIRST LESSON.**

Only registered riders can enter barn or buildings.

2021 SUMMER REGISTRATION FORM - DRESSAGE, HUNT SEAT (HS), AND WESTERN

Please indicate the lesson(s) you would like to enroll in by checking the time and days (Monday AND Wednesday or Tuesday AND Thursday.) Please choose just one riding level per session; do not mix levels (example: a rider can enroll to ride in HS beginner and Western beginner in the same session because they are the same level).

It is recommended that beginner riders who want to ride in more than one session stay in the beginner riding level for at least two sessions before progressing to Adv. Beginner. If you have questions regarding level changes from one session to the next, please call or text the Instructor at 860-

***Session is prorated for the holiday.**

Rider's Name: _____

Mon. May 10 –13, May 17-20, May 24-27 (3 weeks)

M&W =\$270 T &Th = \$270 Registration Deadline: April 28, 2021

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓
4:00 - 5:00 PM	Advanced Beginner		Advanced Western		Advanced Beginner		Advanced Western	
5:30 - 6:30 PM	Intermediate 2		Beginner Western		Intermediate 2		Beginner Western	
7:00 - 8:00 PM	Beginner English		Dressage		Beginner English		Dressage	

Session II –June 1 – 3, June 14-17, June 21-24 (3 weeks) No class May 31st

M&W =\$225 T &Th = \$270 Registration Deadline: May 19, 2021

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓
4:00 - 5:00 PM	Advanced Beginner		Advanced Western		Advanced Beginner		Advanced Western	
5:30 - 6:30 PM	Intermediate 2		Beginner Western		Intermediate 2		Beginner Western	
7:00 - 8:00 PM	Beginner English		Dressage		Beginner English		Dressage	

***Session III – July 6-8, July 12-15, July 19-22, No class July 5th (3 weeks)**

M&W = \$225 T &Th = \$270 Registration Deadline: June 23, 2021

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓
2:30-3:30 PM	Advanced Western				Advanced Western			
4:00 - 5:00 PM	English Beginner		Western Beginner		English Beginner		Western Beginner	
5:30 - 6:30 PM	Intermediate 2		Intermediate 1		Intermediate 2		Intermediate 1	
7:00 - 8:00 PM			Dressage				Dressage	

Session IV – August 2-5, August 9-12, August 23-26 (3 weeks)

M&W = \$270 T &Th = \$270 Registration Deadline: July 21, 2021

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓
2:30-3:30 PM	Advanced Western				Advanced Western			
4:00 - 5:00 PM	English Beginner		Western Beginner		English Beginner		Western Beginner	
5:30 - 6:30 PM	Intermediate 2		Intermediate 1		Intermediate 2		Intermediate 1	
7:00 - 8:00 PM			Dressage				Dressage	

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To register, please send **one email** including signed **Registration Form**, signed **Acknowledgement/ Consent Form**, signed **CT Code of Conduct Form** if rider is under 18 and **credit card payment receipt** to:
uconnhorseriding@uconn.edu

RIDER'S NAME: _____

ADULT / CHILD CHILD'S AGE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE #: _____ EMAIL ADDRESS: _____

EMERGENCY CONTACT NAME: _____

PHONE #: _____

PREVIOUS RIDING EXPERIENCE PLEASE EXPLAIN: _____

How did you learn about this program? _____

HEIGHT & WEIGHT

Note: Our goal is to ensure a safe ride for all of our riders and horses. Horses are limited in how much weight they may carry. It is important to be as accurate as possible when submitting your height and weight so that an appropriate horse can be matched to each rider. For additional information regarding weight restrictions please see the Acknowledgment /Consent Form.

HEIGHT: _____ WEIGHT: _____

I acknowledge that I have read and signed the required Acknowledgement / Consent Form, will abide by all rules of the UConn Horse Barn, and understand that REFUNDS are only available in limited circumstances.

Signature of Rider (over 18)/Parent or Guardian

Date